

Event



Flow State Living: Align. Connect. Thrive.

A deep dive into the power of water & your true flow

Have you ever felt like something's missing in your manifestation journey?
You've done the vision boards. You've journaled your intentions. You've whispered affirmations into the mirror.

And still — you feel stuck.
Blocked.
As if your desires are floating just out of reach.

What if the answer isn't in doing more... but in connecting more deeply?
Specifically — with water.



💧 The secret power you've been overlooking: water

Water isn't just something you drink or swim in.

It's life.

It's energy.

It's the missing link between where you are now and the reality you're trying to call in.

You are 70% water.

You were born from water.

Water surrounds you, lives within you, and constantly connects with all the other waters on this planet.

When your inner waters are stuck, murky, or turbulent... your life feels the same.

This event is your invitation to clear that undercurrent, reset your energetic field, and finally experience the flow that's been calling you.

🌀 What you'll experience

This isn't a typical "self-development" workshop.

It's a full-body, full-soul activation.

Here's a taste of what we'll explore together:

🔍 What Is Water... Really?

Go beyond the science. Tap into the mystical, energetic, and ancient understanding of water that our ancestors knew — and we've forgotten.

🧬 Ancient Wisdom & Lost Knowledge

Reconnect with water as a living, intelligent force. Learn the truths modern life has drowned out — and how these truths can realign your body and spirit.

👐 Connect With the Water In You

Feel the water within your own body. Learn to move with it, clear it, and communicate with it. When your inner water flows freely, your life does too.

💥 Clear the Inner Undercurrent

Release the hidden energetic blocks that have kept you stuck. No more forcing. No more pushing. Just aligned, magnetic manifestation.

🌺 Embody Your Ideal Vibration

Forget superficial affirmations. Discover what it really takes to shift from the frequency of lack to the vibration of freedom, ease, and magic.



💖 Who this day is for







This day is for soul-led humans who feel the call of the water and are ready to go deep. You'll love this experience if:

- ✅ You feel deeply connected to water
- ✅ You visit rivers, lakes, or oceans to feel calm, grounded, or recharged
- ✅ You've done inner work, but manifestation still feels hit-or-miss
- ✅ You're spiritually open, emotionally aware, and ready to align from the inside out

Meet your guide: Tineke Rensen

Water isn't just her element — it's her lifestyle.

Tineke is a true Water Nymph, completely attuned to the energy and rhythm of water. She's not just talking the talk — she lives it.

-  Long-distance swimmer
-  National champion in white-water kayaking
-  Practicing the Wim Hof method
-  Swimming teacher
-  Digital nomad living near global water spots
-  Water teacher and intuitive guide

She knows how to help you access your own inner flow — because she's done it herself, time and again. With Tineke, you're in powerful, loving hands.



Event details



Date: May 14, 2025



Time: 10:00 AM – 5:00 PM



Location: Cozy living room setting, North of London



Bring your own lunch — tea and light snacks provided



Investment: €95 (excluding VAT)



Limited spots available — this is an intimate, high-vibe gathering.



Secure your spot here:



Ready to flow?

If your body is saying “yes” — follow it.
Come to connect, clear, and co-create with the water.

This is your moment to shift.

To rise.

To flow.

[Sign Up Here](#)

